we take **Prevention seriously** as we acknowledge that it is **better than treatment!**

Our Prevention Pledge is to...



Support and promote breastfeeding as the best nutrition for babies and we welcome breastfeeding at our practice.



Delivering better oral health: an evidence-based toolkit for prevention

Provide evidence-based support and advice as recommended in Delivering Better Oral Health.



Champion increased use and access to all fluoride sources as an important oral health promotion and disease prevention approach.





Participate in oral health campaigns to increase awareness of how to improve oral health.



Make Every Contact Count with our patients by asking, advising and acting on their needs.







Advise on lifestyle factors that impact on oral and general health.



Work with our patients to reduce demand for unnecessary antibiotics by providing treatment solutions and advice.



Continue to be an inclusive practice that welcomes everybody.





